

Lambourn CofE Primary School

Edwards Hill
Lambourn
RG17 7LJ
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Principal: Mrs R Perkins



Letter from the Principal

Dear parents and carers,

Children's Mental Health and Well being Week 7th—11th February

Next week we will be celebrating children's mental health and well being across the school to support children's wellbeing. We have a range of activities arranged such as, special talks being given in collective worship, the School Council organising a 'positive-tree' where each child will place positive messages throughout the week.

We will be running daily meditation sessions and encouraging children to talk about their mental health and how important it is to support each other in this important area.

We will also be hosting a coffee morning for parents and carers who would like to find out more about supporting children with anxiety and worries. All welcome! This session will be run by the West Berkshire Mental Health team. Please see the flyer at the end of this newsletter.

As we come to the end of our week we would like to wish our Chinese families a happy Chinese New Year, and to celebrate and bring good luck to the school Year 5 performed a lion and dragon dance through the school on Thursday morning.

Gong xi fa cai!

With best wishes

Rachel

Mrs Rachel Perkins

Principal



LOVE, INTEGRITY, GRIT, HOPE and TRUST

4th February 2022

Dates for your diary

Term 3:

Tuesday 4th January – Friday 18th February

Term 4:

Monday 28th February – Friday 8th April

House Points:

**Kettledrum;
312**

Rockfel; 352

**Alderbrook;
361**

Christian Value Medal Winners

Year 1 Ethan and Mahrosh

Year 2 Matilda and Phoebe L

Year 3 Taylor and Jarvis

Year 4 Riley and Theo

Year 5 Jacob and Sadira

Year 6 Nazariy and Charlie

LOVE, INTEGRITY, GRIT, HOPE and TRUST

Year 4 Design Technology Lessons

This week the children in Year 4 have been learning different cutting techniques in their design technology lessons. They used these skills to chop apples for their own delicious crumble. Well done Year 4!



Principal's Awards

Congratulations to all the children who received Principal's Awards this week. We are all very impressed with the following children's quality of work and commitment to their learning.

Well done everyone else, remember never, never, never give up!

F1 Oscar

F2 Dylan, Julien, Arlo M and Ivy

Year 1 Alina, Harry, Louie and Sam

Year 2 Siena P, Bella, Annie and Archie

Year 3 Sophia G, Noah and Sanjana and Eilidh

Year 4 Ria, Isabelle and Sydney

Year 5 Curtis, Olivia, Lily and Sadira

Year 6 Faith, Lily, Tommy and Jessica





SUPPORTING YOUR CHILD WITH WORRIES AND ANXIETY

PARENT COFFEE MORNING ORGANISED BY THE MENTAL HEALTH SUPPORT TEAM

Lambourn C.E. Primary School on 9th March 2022, 9:15 – 10:15

The Mental Health Support Team will be running a parent coffee morning on ways to support your child with worries and anxiety. This session will be an informal, relaxed chance to hear about ways to support and also ask any questions you might have. Drinks and biscuits will be provided.

Please contact school if you wish to attend so we can accommodate numbers.

For any questions, please contact Kate.Pike@westberks.gov.uk or Lucie.Johnson2@westberks.gov.uk. You can also call 01635 519935

PLEASE NOTE – for urgent support with a child or young person's mental health please contact your GP, or CAMHS Common Point of Entry on 0300 365 1234 or 0300 365 999 (out of hours).



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