



Newsletter 20.03.26

Hello from Our Principal, Maria Cupit

Online Safety: Supporting Your Primary-Aged Child

Dear Families,

Children today are growing up in a digital world where they use the internet to learn, play games and stay connected with friends. While the online world offers many positive opportunities, it can also expose children to content that may be confusing, misleading or inappropriate for their age.

The UK government's Department for Science, Innovation and Technology (DSIT) has recently launched the "You Won't Know Until You Ask" campaign. The campaign is designed to help parents feel more confident talking with their children about what they see online and how it makes them feel. It provides practical guidance, conversation starters and advice on setting safety controls. (Help your child stay safe online - Kids Online Safety)

Research linked to the campaign found that many parents feel confident about the apps and platforms their children use, but fewer feel sure about the content their child is actually seeing online. The message behind the campaign is simple: children often won't share concerns unless we ask them first.



Hello from Our Principal, Maria Cupit... continued

Talking to Primary-Aged Children About Online Safety

For younger children, short and regular conversations can help build trust and confidence. Some simple ideas include:

- Ask about their favourite games or apps – showing interest helps children feel comfortable talking about their online world.
- Use simple questions, such as: “What games are you enjoying at the moment?” “Did you see anything online today that made you laugh or feel confused?”
- Remind them not to share personal information such as their name, school or address online.
- Encourage them to tell a trusted adult if something online makes them feel worried, upset or uncomfortable.
- Explore devices together so you can help them understand safe choices and privacy settings.

Keeping conversations positive and curious, rather than critical, helps children feel safe to talk about their online experiences.



Hello from Our Principal, Maria Cupit... continued

Helpful Resources for Parents

The campaign provides a number of useful tools and guides for families:

- Parent Online Safety Hub: <https://kidsonlineafety.campaign.gov.uk/>
(Advice, conversation starters and guidance on setting safety controls)
- Government campaign announcement and guidance:
<https://www.gov.uk/government/news/is-your-child-influenced-by-toxic-content-new-government-campaign-supports-parents-to-talk-about-harmful-online-content>
- Research on parents and online safety:
<https://www.gov.uk/government/publications/media-literacy-parents-study>

These resources include tips on helping children recognise misinformation, manage privacy settings and build healthy digital habits.

Working Together

At school, we regularly teach children about online safety as part of our computing and safeguarding curriculum. However, the most effective support happens when these conversations continue at home.

Even a short weekly chat about what your child is watching, playing or sharing online can make a big difference in helping them navigate the digital world safely.

Thank you for your continued support in keeping our children safe online.

Miss Cupit



School Celebrations

Values Medals 9th March



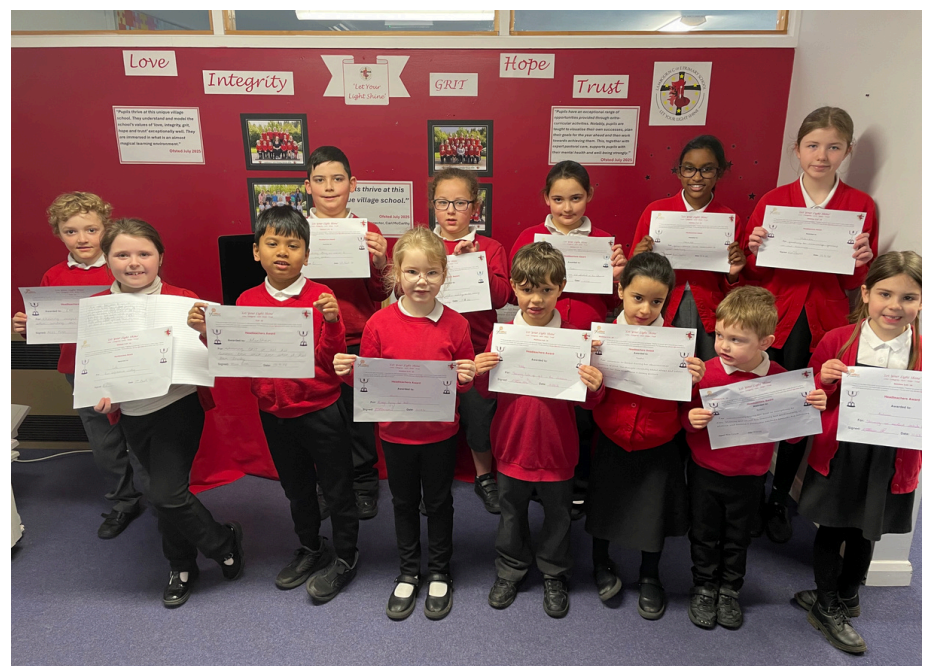
Reading Champions 13th March



Handwriting & Presentation 13th March



Headteacher Awards 13th March



Maths Champions 13th March



School Celebrations



Reading Champion 20th March



Handwriting & Presentation 20th March



Headteacher Awards 20th March



Maths Champions 20th March



Top Doodler 20th March



School Office:

Reminders, updates & future calendar dates

Reminders and updates:

24th March: Year 5 trip to Legoland. The children will need to wear school uniform, a coat, sensible walking shoes and require a packed lunch (including a water bottle). The children are not permitted to bring money as there will be no time to go into shops.

Future Calendar Dates (new dates added - event information will show in bold)

23rd March: Year 3 COOL Session at 3pm

24th March: Year 5 trip to Legoland

25th March: Easter Church Service at 1:30pm in Church, all welcome

27th March: Special Easter visitor for the pupils!

13th April: School reopens at 8:30am

20th April: Additional Inset Day

23rd April: Year 1 and Year 2 trip to The Living Rainforest

18th May: Choir sing at The Corn Exchange in Newbury

18th May: Year 2 and Year 1 COOL Session at 3pm

16th June: Choir sing at the Hexagon in Reading

29th June: Year 6 Residential

14th July: Reception trip to Cotswold Wildlife Park



If you have a query about your child please contact their class teacher in the first instance:

Mrs Crick: F1@lambourn.excalibur.org.uk F2@lambourn.excalibur.org.uk

Miss Townsend Y1@lambourn.excalibur.org.uk

Miss Townsend Y2@lambourn.excalibur.org.uk

Ms Ross Y3@lambourn.excalibur.org.uk

Mr Wootten Y4@lambourn.excalibur.org.uk

Ms Linsley Y5@lambourn.excalibur.org.uk

Miss O'Farrell Y6@lambourn.excalibur.org.uk

For any other enquiries please phone or e-mail the school office: 0148871479

admin@lambourn.excalibur.org.uk



Attendance

Please keep your child home if they have a fever, or feel too unwell to do normal activities. Specific guidance requires keeping children off for 48 hours after the last episode of diarrhoea or vomiting. Children with a fever should stay home until it breaks, while mild symptoms like a runny nose or slight cough, without a fever, are usually fine for school.



Do I need to keep my child off school?



Chicken Pox Until all spots have crusted over	Conjunctivitis No need to stay off but school or nursery should be informed	Diarrhoea & Vomiting 48 hours from last episode	Glandular Fever No need to stay off but school or nursery should be informed	Hand, foot & mouth No need to stay off but school or nursery should be informed	Impetigo Until lesions are crusted & healed or 48 Hours after commencing antibiotics
Measles or German Measles 4 days from onset of rash	Mumps 5 days from onset of swelling	Scabies Until after first treatment	Scarlet Fever 24 hours after commencing antibiotics	Slapped Cheek No need to stay off but school or nursery should be informed	Whooping Cough 48 Hours after commencing antibiotics
Flu Until recovered	Head Lice No need to stay off but school or nursery should be informed	Threadworms No need to stay off but school or nursery should be informed	Tonsillitis No need to stay off but school or nursery should be informed		



SEND

WEST BERKSHIRE SEND PCF

PARENT CARER ONLINE MEETUP

WEDNESDAY 25TH MARCH 2026
7-9PM

Listening Over Time

OVER THE PAST 18 MONTHS, PARENT CARERS HAVE BEEN SHARING THEIR EXPERIENCES OF SEND SERVICES WITH THE PARENT CARER FORUM.


AT THIS SESSION WE WILL:

- SHARE THE COMMON EXPERIENCES SEND FAMILIES HAVE TOLD US ABOUT
- REFLECT TOGETHER ON WHAT FAMILIES' EXPERIENCES ARE SHOWING ABOUT LOCAL SEND SERVICES
- DISCUSS HOW THESE EXPERIENCES CONNECT TO THE NATIONAL SEND REFORM CONSULTATION

WE WELCOME ALL WEST BERKSHIRE PARENT CARERS OF CHILDREN AND YOUNG PEOPLE WITH SEND (0-25) TO COME ALONG TO LISTEN, REFLECT AND SHARE THEIR EXPERIENCES.

REGISTER TO JOIN THE SESSION

SCAN QR CODE OR ENTER [BIT.LY/WBPCF](https://bit.ly/WBPCF) IN YOUR BROWER



PTA



Link for the PTA Easter raffle:

[https://lambournschoolpta.charityhive.co.uk/raffle/6/easter-
raffle](https://lambournschoolpta.charityhive.co.uk/raffle/6/easter-
raffle)



Year 1 & 2 Update

Hello from Year 1/2!

We have had a busy week in the classroom, and the children have been working very hard. In science, we went looking for microhabitats in the garden which everyone really enjoyed. Luckily the sun was shining, and the children had a lot of fun making their discoveries and thinking carefully about what a microhabitat is and how it is different from the larger habitat around it.

In geography we have been learning about different climate zones and considering what the temperature is like in different parts of the world. Everyone was able to identify the Equator, the North Pole and the South Pole on a map of the world.

In maths we have been learning about measurements, fractions and addition and subtraction. It's safe to say it has been a busy couple of weeks but the children have showed so much enthusiasm towards their learning and I have been so impressed with the effort that they are putting in.

Many thanks for your continued support
Miss Townsend, Miss Ball, Mrs Lord
and Mrs Backhouse

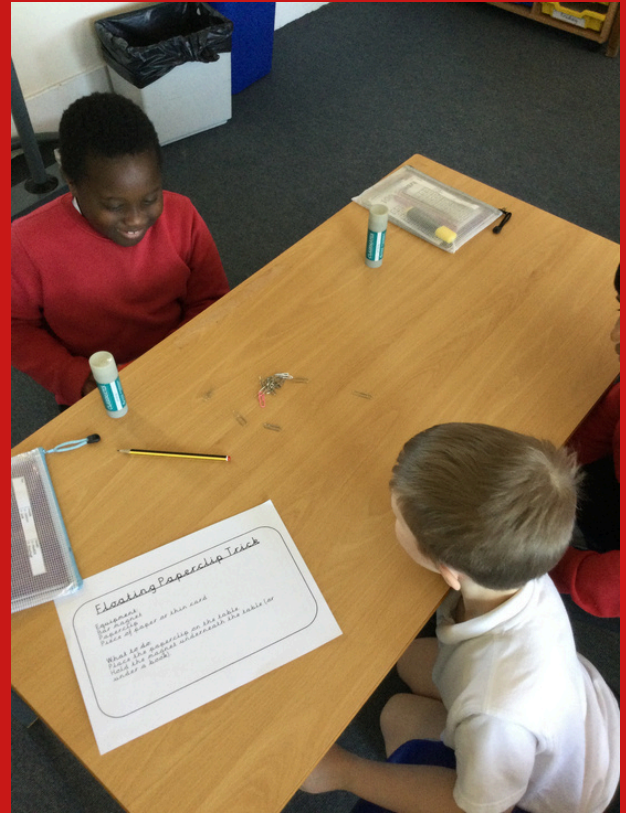


Year 3 Update...continued

In DT, we have been looking at pneumatic systems and this week we designed our own pneumatic system. The children will be given a paper plate and balloon, but they were allowed to design this however they seemed fit.

Doodle is now up and running. Thank you to the parents who have been encouraging their children to use this system. Doodling 'little and often' can help to boost your child's confidence and ability in maths and English. Using Doodle for just 10 minutes a day is proven to help children make three months of progress in just one month. The work set on their has been assigned by myself and is specific to your child's needs.

Thank you for your continued support,
Miss Ross



Year 4 Update

Hello from Year 4!

Year 4 have been enjoying their hockey lessons in the improved weather. They have learned to pass the ball between them, showing greater control, and are beginning to tackle.

In Writing, they have been learning about the Plague in Eyam in 1665 and how the disease was spread from London. They also learned of the important decisions the villagers made to stop the Plague spreading. The children all worked very hard producing leaflets about what they found out.

Thank you as always for your support!

Mr Wootten and Mrs Smith



Year 5 Update

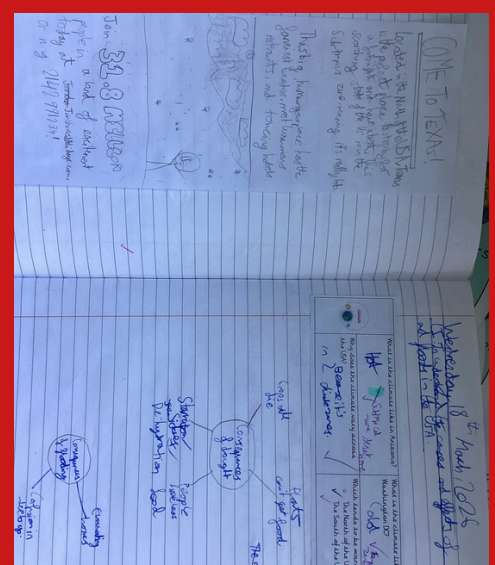
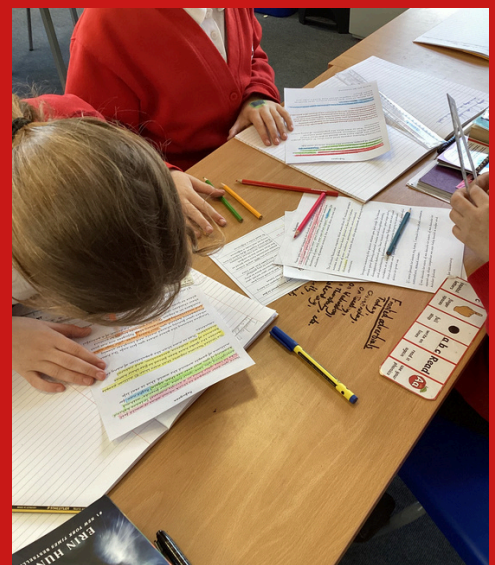
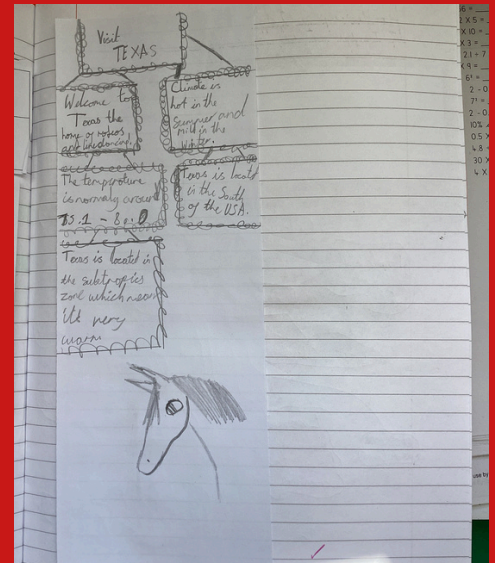
Hello from Year 5!

This week, the children have been enjoying discussions about the USA in our geography lessons. We have used our understanding of lines of latitude to understand climate zones and explore causes and effects of droughts and floods in the USA. They created leaflets on states of their choice.

In English, we have begun writing speeches about refugees. The children have blown me away with their considered use of emotive vocabulary.

In Maths at the moment, we are working on converting units, including cm, m, km.

Thank you for your continued support
Miss Linsley



Year 6 Update

Hello from Year 6!

Year 6 are now entering the final stages of their SATs preparation and we are really proud of the focus, resilience and determination the children are showing. They have been working incredibly hard and are approaching their learning with a positive attitude.

Thank you to all the parents and carers who attended the recent SATs information meeting. We hope the session helped to clarify how the tests work and how you can support your child at home during this important time.

In English, the children have been enjoying our class text *The Firework-Maker's Daughter* by Philip Pullman. This exciting story has inspired some fantastic writing, with pupils exploring descriptive language, character viewpoints and adventurous vocabulary.

In Maths, we have been focusing on units of measure, developing our understanding of converting between different units and applying this knowledge to problem-solving questions.

Miss O'Farrell



Community News

UK Health Security Agency

MENINGITIS + SEPTICAEMIA

Meningitis now

Meningitis is a serious condition where the protective layers around the brain and spinal cord become inflamed. Septicaemia is when the bacteria enter the bloodstream to cause blood poisoning. They can happen to anyone, so it's important to know the symptoms and risks.

Early symptoms, such as fever, vomiting, aches, muscle pain, cold hands and feet and headaches, can look similar to common illnesses like colds or flu. But someone with meningitis or septicaemia will usually become seriously ill in a matter of hours. That's why it's crucial to keep checking on anyone who is unwell.

MENINGITIS SYMPTOMS?

- fever
- a very bad headache (this alone is not a reason to get medical help)
- vomiting
- stiff neck
- dislike of bright lights
- rash (DO NOT wait for a rash to appear before seeking medical advice)
- confusion, delirium
- severe sleepiness, losing consciousness
- fits

SEPTICAEMIA SYMPTOMS?

- fever and shivering
- severe pains and aches in limbs and joints
- vomiting
- very cold hands and feet
- pale or blotchy skin
- rapid breathing
- diarrhoea and stomach cramps
- red or purple 'bruised' or blotchy rash on skin that does not fade under pressure - do the glass test. On dark skin, check paler areas of the skin, such as the palms of the hands, soles of the feet, inside the mouth (roof), and the eyelids
- difficulty walking or standing
- severe sleepiness, losing consciousness

If you become worried about yourself, your child, or a friend, particularly if symptoms are getting worse, seek medical help urgently.

EARLY TREATMENT CAN BE LIFE-SAVING.

LAMBING WEEKEND

11th-12th APRIL 2026

FOXGLOVE FARM

INKPEN RG17 9QR

OPEN 10 am - 4 pm. Free Parking. Local Food and crafts. FREE Tractor Farm Tours. Hot Food. Bring your wellies.

No pregnant women.

Adults £8. Kids (2-16yrs) £4 Cash or Card Includes Tractor Tour. Fun family educational weekend lots of children's activities include: Easter Egg Hunt, Carriage rides, Pony grooming, Baby chicks 🐣 Bottle feed a lamb 🐑 Local fire engine Vintage tractors display, Potato planting 🥔 Painting, Tombola prizes, Hot food and selection of Homemade cakes 🍰 from the shepherds hut. Sorry no dogs.

FAMILY DAY AT THE BASE!

SATURDAY 21 MARCH, 10AM - 5PM

Come and enjoy The Base during the Wildlife Photographer of the Year 61 exhibition! We've got plenty of ways to help you explore our space together...

- ★ Get creative with our FREE ocean-themed art and craft activities in the Gallery
- ★ Follow a FREE sheet letter hunt and explore the whole building, and peek inside our Resident Artist studios
- ★ Explore the current exhibition, Wildlife Photographer of the Year 61 with our activity sheets

Exhibition tickets: £0* Base Pass holder, Full Price £11.20 (€9.50 concs, £9 groups of 10+, £7 under-16s, FREE entry for under-5s)

THE BASE Visit thebasegreenham.co.uk to find out more

Easter at Shaw House

Family Activity Days
10am - 2pm | £2.50 | Drop-in

Wed 1 April | Egg-cellent!
Decorate a polystyrene egg with paint pens and sequins.

Wed 8 April | Sheepish!
Make a rocking sheep or lamb from a paper plate and decorate with pom poms and wiggle eyes.

Price includes the Sheep at Shaw House Trail. Fees to visit other areas in the House will apply.

Suitable for 7-11-year olds, but older and younger children are welcome.

Sheep at Shaw House
28 March - 12 April | Suggested donation £2
Find six sheep on this springtime trail plus themed crafts and colouring in our activity room.

Fees to visit other areas in the House will be in place and can be paid at reception on the day.

Love Local Artisan Fair
Sun 12 April | 11am - 3pm | Adult £2, Child £1
Offering unique crafts from homeworkare to artisan food and drink, there will be plenty for everyone. Plus craft and colouring in our Activity Room and trail sheets for our younger visitors.

www.westberkshireheritage.org/whats-on
Shaw House, Church Road, Newbury RG14 2DR | 01635 279279

West Berkshire COUNCIL

